

Afternoon Prayer

We read:

At the close of this day, I say blessed are you, Lord God, King of the universe, Sovereign of heaven and earth. Holy is your name.

O Lord God Almighty, who is like you? You are mighty, O Lord, and your faithfulness surrounds you. (Psalm 89 v 8)

He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. (Psalm 91 v 1)
My desire, Lord God, is to rest within your shadow.
Amen.

We reflect:

I lift my eyes to the quiet hills
in the press of a busy day;
as green hills stand in a dusty land
so God is my strength and stay.

Take a few moments to ponder the green hills in your life; those things and people that have stood firm and continue to do so, and give thanks for them

I lift my eyes to the quiet hills
to a calm that is mine to share;
secure and still in the Father's will
and kept by the Father's care.

Reflect on the areas of calm within your life, and give thanks for them. Pray for the areas that need Father's care.

I lift my eyes to the quiet hills
with a prayer as I turn to sleep;
by day, by night, through the dark and light
my Shepherd will guard his sheep.

Pray for the areas in your life, and the people in your life who need the guarding and protection of the shepherd.

I lift my eyes to the quiet hills
and my heart to the Father's throne;
in all my ways to the end of days
the Lord will preserve his own.

Lift your heart in worship to the One who declares you are the 'apple of his eye' (Psalm 17 v 8)

'I lift my eyes' (song based on Psalm 121) by Timothy Dudley-Smith (b. 1926) © Timothy Dudley-Smith. Reprinted under CCLI licence

We release:

Lord, thank you for journeying with me through this day.
In order that I can rest in your shadow, I release the following into your safe keeping:

My loved ones.....

People I carry in my heart today....

The regrets of today....

The achievements of today....

Myself....

May the grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all.
(2 Corinthians 13 v 14 (NIV))

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Prayers in a Season of Exile

We begin:

The Lord Reigns.

When gathering for worship is suspended and social isolation for so many is advised, it seems that we are now in a season of exile.

We may be separated by circumstance, but we remain in community as we seek the Lords face together, and endeavour to shine His light at this time of global, national and personal turmoil.

We invite you to join with us in saying the Crowhurst Christian Healing Centre daily office. By sharing together in this daily discipline, we stand together, in community, united in praise, worship and intercession.

We walk by faith through this season of exile, knowing that the Lord reigns, we walk with humility, seeking only to respond to His leading as we lean on the Holy Spirit, we walk in love, for the Lord and for each other, and we walk in gratitude, maintaining a heart of thankfulness in all we do.

The Lord Reigns.

Morning Prayer

We read:

The Lord reigns. The Lord is robed in majesty and armed with strength; indeed, the world is established, firm and secure.

Your throne was established long ago; you are from all eternity.

Mightier than the thunder of the great waters, mightier than the breakers of the sea - the Lord on high is mighty. Your statutes, Lord, stand firm; holiness adorns your house for endless days. (verses from Psalm 93 (NIV))

We pause: to quietly acknowledge the Sovereignty and Majesty of the Lord.

We declare: the Lord is mightier than our present circumstances.

We proclaim: the Lord reigns.

We read:

Beside the rivers of Babylon we thought about Jerusalem, and we sat down and cried.

We hung our small harps on the willow trees.

Our enemies had brought us here as their prisoners, and now they wanted us to sing and entertain them. They insulted us and shouted, "Sing about Zion!"

Here in a foreign land, how can we sing about the Lord?
(verses from Psalm 137 (CEV))

We pray

Father, we reflect on the song of the exile, written by the psalmist centuries ago. We are exiled from our normal life, exiled in our homes, away from the company of family and friends, exiled from work and from the routines and patterns of life we have taken for granted. We mourn the loss of our gathering for worship and acknowledge to you that we have had an attitude of complacency; freedoms we have taken for granted for so long.

Father forgive us.

We, too, wonder how we might sing the Lords song in this foreign wilderness, where the landscape is unfamiliar, and the future is uncertain.

Lord we look to you to show us.

Teach us a new song, and how to sing it.

Give us the grace to live out this season of exile in a way that honours your Name.

We pray these things in the name of Jesus, Lord and Saviour, Amen.

We intercede

Lord of all healing, we pray for those who are sick.....
Father, in your mercy, hear our prayer.

Sustaining Lord of all resources and provisions, we pray for:

- those in the healthcare services and key workers.....
 - the World Health Organisation, the research scientists and the global agencies that will assist them.....
 - those in financial distress
- Father, in your mercy, hear our prayer.

Lord of all wisdom, we pray for our Prime Minister and all in Government.....
Father, in your mercy, hear our prayer.

Lord of all compassion, we pray for those living in fear and anxiety for themselves and for their loved ones.....
Father, in your mercy, hear our prayer.

Lord of all comfort, we pray for all in exile at this time.....
Father, in your mercy, hear our prayer.

Ever present Lord, we pray for Crowhurst Christian Healing Centre, and all connected to this work. Thank you for your daily provision and we look to you, trust in you for all that we need for the future.
Father, in your mercy hear our prayer.

Amen

We pray or sing:

Lead me, Lord, lead me in thy righteousness,
make thy way plain before my face.

For it is thou, Lord, thou, Lord only,
that makest me dwell in safety.

Amen

(Samuel Wesley 1810-76)

Midday Prayer

We read:

I will give thanks to you, Lord, with all my heart;
I will tell of all your wonderful deeds.

I will be glad and rejoice in you;

I will sing the praises of your name, O Most High.

God is our refuge and strength, an ever-present help in trouble. Therefore, we will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging.

Nations are in uproar, kingdoms fall. The Lord Almighty is with us. The God of Jacob is our fortress.

He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

The Lord Almighty is with us; The God of Jacob is our fortress.

One thing I ask from the Lord, this only do I seek: that I may dwell in the house of the Lord every day of my life, to gaze on the beauty of the Lord and to seek him in his temple. For in the day of trouble he will keep me safe in his dwelling; he will hide me in the shelter of his sacred tent and set me high upon a rock.

Wait for the Lord;

Be strong and take heart;

Wait for the Lord.

(verses from Psalm 9, 46, 27 (NIV))